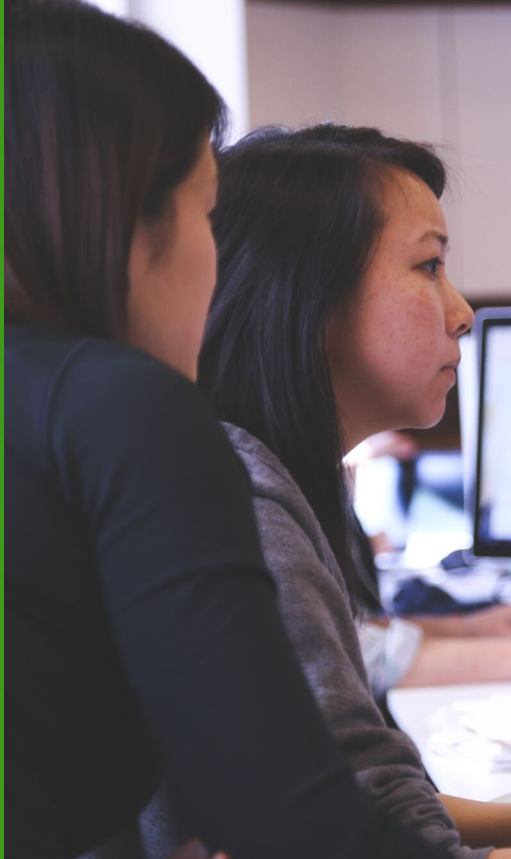




TEENS AS TEACHERS

- Attend fun training sessions with other teens to learn how to teach younger kids about health, nutrition, fitness and a host of other topics!
- Facilitate lessons on healthy eating, active play, STEM and leadership related topics in after-school or other programs with an adult partner
- Lead active games with kids
- Make and eat healthy snacks with kids
- Help kids think about what they eat (more fruits & vegetables, whole grains & water)



Do you like to...

- Interact with younger kid
- Lead games and activities?
- Make and eat healthy snacks?
- Help others learn?
- Practice leadership skills?
- Make a difference?

Are you...

- 14-18 years old?
- Looking for ways to build your skills and resume?
- Available after school and/or on weekends?



TO APPLY:

- Complete & Submit Application by September 3rd
- Complete and return the Teen Teacher Agreement Form
- Have a teacher, counselor, mentor complete the recommendation form
- Have a complete 4-H Online Profile
- Be available to attend training sessions
- Be available to teach classes

Contact Rachelle: rpurnel@ncsu.edu or Catherine-
catherine_daniels@ncsu.edu for more info

